**Advanced First Aid – 1-2 days**

**Duration:** 1-2 Day(s)

**Course Times:** 09:00:00 - 17:00:00

**Certificate:** Provider Participant with Certificate in the topic

Location of Training: Erbil, Iraq

**Targeted Participants:** About 100Field staff – particularly those spending regular time in the field.

**Course Aim:**

To train individuals in advanced first aid in an outdoor and remote environment. The course will be delivered with extensive use of outdoor based scenarios utilizing typical equipment used in rescue.

**Course Outline:**

, , - Respiratory, Cardiovascular and Skeletal System
- Casualty Assessment
- Common Medical Emergencies

- Control of bleeding

- Fractures
- Head Injuries
- Treatment of the avalanched and hypothermic casualty
- Mountain Rescue Protocols
- Use of Medication

Multiple Outdoor Scenarios will incorporate the use of the following Rescue Equipment:

- Oral and Nasal Pharyngeal airways
- Bag Valve Mask
- Suction
- Oxygen and Entonox therapy
- Splinting including traction, SAM and pelvic splints
- Vacuum mattresses
- Collars
- Pulse Oximetry
- Scoop stretchers

Major outdoor scenarios to demonstrate all skills, including scene management (safety), documentation and handover. Please contact us before the course if you have any special needs, or concerns regarding the assessment process.

**Assessment & Pretest:**

Prior learning of advance first aid will be continually assessed with primary survey and a formal written pre-test.

**Provider Requirement:**

* To have experience in conducting similar course with international entities.
* To submit trainer/s Resume with the proposal.

**Equipment/Resources:**

The provider will supply all training equipment and use unique resources to

Enhance the learning outcomes of participants.

**Standard Inclusions:** If the course required to be conducted in the provider venue, the provider will provide two coffee breaks & buffet lunch for participants.

**Defensive and Responsible Driving - 2 days**

**Duration:** 2 Day(s)

**Course Times:** 09:00:00 - 17:00:00

**Certificate:** Provider Participant with Certificate in the topic

**Targeted Participants:** About 20Drivers

Location of Training: Erbil, Iraq

**Course Aim:**

* To encourage the driver to be more aware of their responsibilities for the safety of themselves, their vehicle, their passengers and other road users.
* To highlight the limitations of car control skills (skill failure experiences) in avoiding crashes and therefore promote alternate defensive driving strategies/techniques. The driving exercises conducted are done to teach limits and show ramifications of bad driving….. Not enhance car control skills.
* To reduce the fleet running costs and excessive vehicle wear and tear, through safe driving practices.
* To assist employers in complying with their obligations under the Occupational Health and Safety Act

and/or Government/Industry requirements in relation to the operation of fleet vehicles.

**Course Outline:**

* Driving Dangers: how crashes happen, statistics and high risk driving times
* Safe Driving: definition of Defensive Driving and key attitudinal and behavioral concepts for safety
* Risk Awareness: risk awareness, risk mitigation and why taking risks causes skill failures
* Buffer Zones: the time and distance equation and need to leave a safety bubble
* Covering Brakes: why this technique is important and improves reaction time
* Vision Skills: how a driver can better use their eyes to read/scan ahead and predict hazards
* Blind Spots: how to adjust mirrors, check blind spots and why daytime headlights are essential
* Hazard Perception: examples of scenarios and how to apply defensive driving techniques
* Starting a Vehicle: the instrument panel, color of lights, how a diesel engine is different, vehicle systems
* Seat & Steer: how to sit in the seat and steer for optimum comfort and control (fatigue reduction)
* Braking Skids: what happens when you brake in a panic situation (mechanically, physically & mentally)
* ABS/ESC/SRS: how these vehicle systems work and what a driver needs to know about their operation
* Seatbelts: why and how to wear a seatbelt correctly for optimum safety
* Loose Objects: why cargo needs to be secured and where the best locations are for storage
* Pre-start Checks: how to perform the important engine and tire checks before driving
* Parking: how to reverse park safely and why reverse first parking is best
* Kurdistan Roads: specific errors and problems that happen on Kurdistan roads (including country driving)
* Overtaking: the correct position for overtaking and the overtaking test for determining if/when
* Drunk Driving: alcohol impairment which includes demonstrations using Fatal Vision Beer Goggles
* Tires: the warning signs of bad maintenance, how to check pressures and tread depth
* Fatigue: causes, warning signs, cabin oxygen ratio and other measures
* Distractions: how mobile phones, GPS and other distractions affect a driver (divided attention failure)

THE PRACTICAL DRIVING SESSIONS WILL COVER THE FOLLOWING:

* Defensive Driving: application of defensive driving techniques in real-world driving
* Vehicle features: the use of little-known vehicle features to improve comfort and safety
* Skid Awareness: what a brake lockup feels like, how to prevent it and how to recover from a braking skid
* ABS Awareness: how ABS operates and its limitations (panic on the brakes)
* Emergency Braking: practice of threshold braking to prevent excessive brake application (the slam and panic syndrome) and allow steering control even in ABS equipped vehicles
* Steering: correct steering techniques for optimum vehicle control
* Collision Avoidance: emergency lane change drill to show the reactive skills needed to avoid an obstacle and the limits of a vehicle and how speed influences vehicle grip/control
* Vision Skills: Slalom exercise and/or cornering drills to demonstrate long range vision and scanning
* Reversing/Parking: Parking and/or reversing exercises to address common driving errors

**Assessment- Pretest:**

Prior learning of basic first aid will be continually assessed and a formal written paper .

**Provider Requirement:**

* To have experience in conducting similar course with international entities.
* To submit trainer/s Resume with the proposal.

**Equipment/Resources:**

The provider will supply all training equipment and use unique resources to

Enhance the learning outcomes of participants.

**Standard Inclusions:** If the course required to be conducted in the provider venue, the provider will provide two coffee breaks & buffet lunch for participants.

**Security Awareness Training- 1-2 days**

**Duration:** 1-2 Day(s)

**Course Times:** 09:00:00 - 17:00:00

**Certificate:** Provider Participant with Certificate in the topic

Location of Training: Erbil, Iraq

**Targeted Participants:** About 50Field staff – particularly those spending regular time in the field.

**Course Aim:**

To train individuals on Security awareness and dealing with security risk environment. The course will be delivered with extensive use of outdoor based scenarios.

**Course Outline:**
the end of the course, participants will learn how to:

* Take appropriate precautionary and preparative actions
* Apply practical techniques to manage risks and deal with difficult circumstances
* Make quick assessments in dangerous situations
* React appropriately in the event of actual danger, threat, or injury
* Comprehend your psychological reaction to security incidents and know where to obtain help

**Assessment - Pretest:**

Prior learning of the security assessment will be continually assessed and a formal written paper .

**Provider Requirement:**

* To have experience in conducting similar course with international entities.
* To submit trainer/s Resume with the proposal.

**Equipment/Resources:**

The provider will supply all training equipment and use unique resources to Enhance the learning outcomes of participants.

**Standard Inclusions:** If the course required to be conducted in the provider venue, the provider will provide two coffee breaks & buffet lunch for participants.